

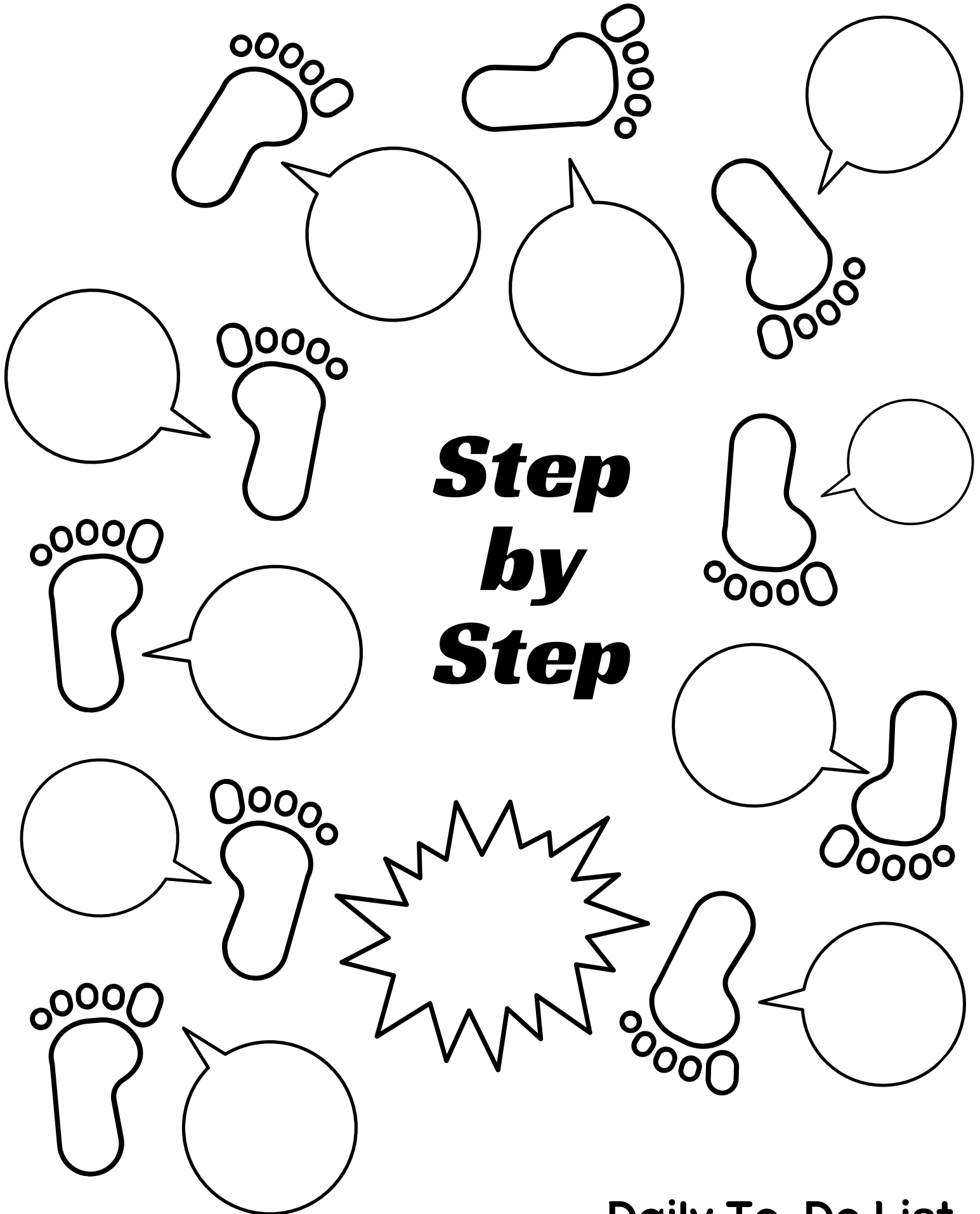
My Step by Step Guide!

For Kids & Adults

10 Step, 6 Step, or 4 Step Plans
Fill-in or mark-off the step when completed.



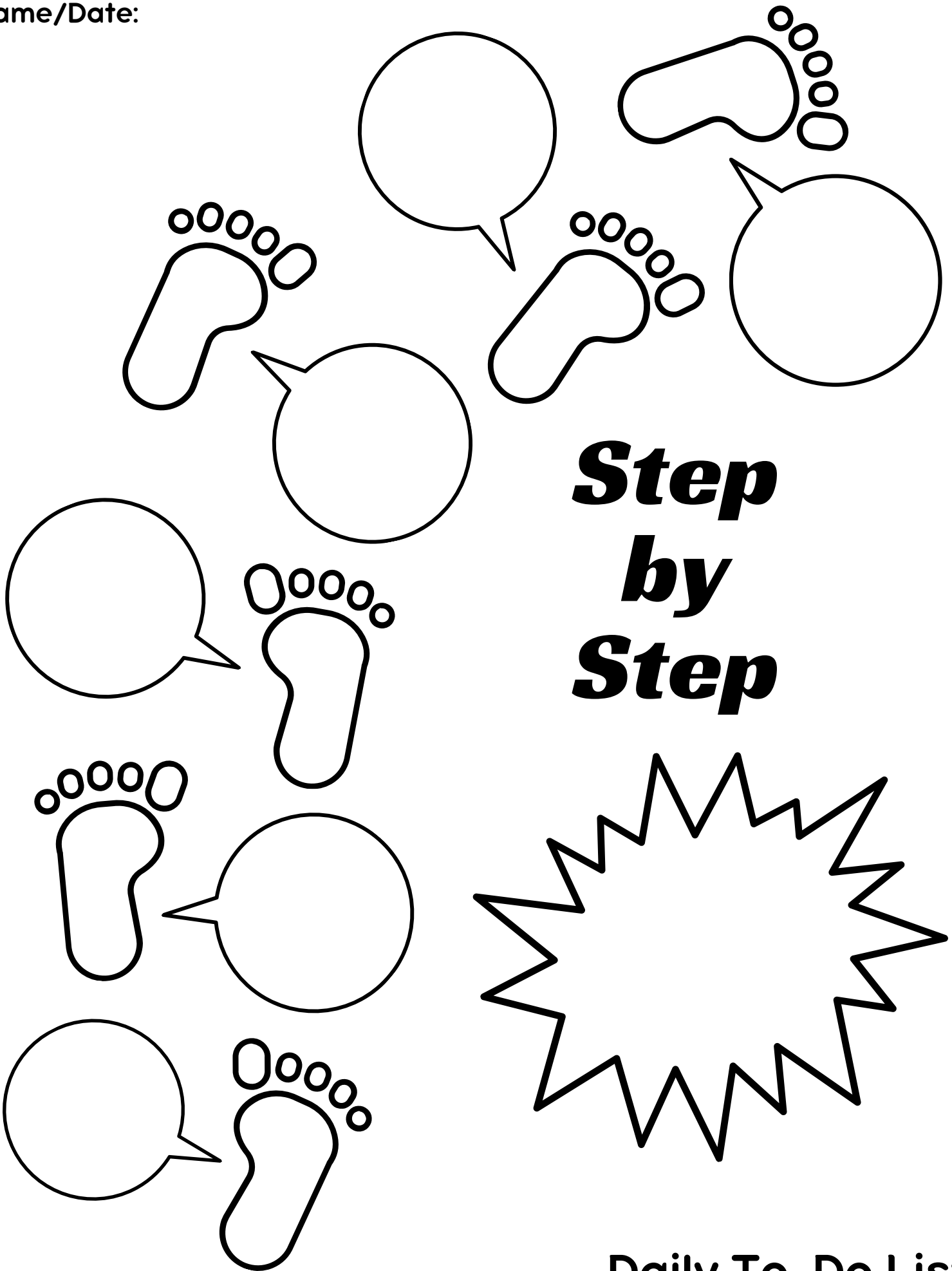
Name/Date:



***Step
by
Step***

Daily To-Do List

Name/Date:

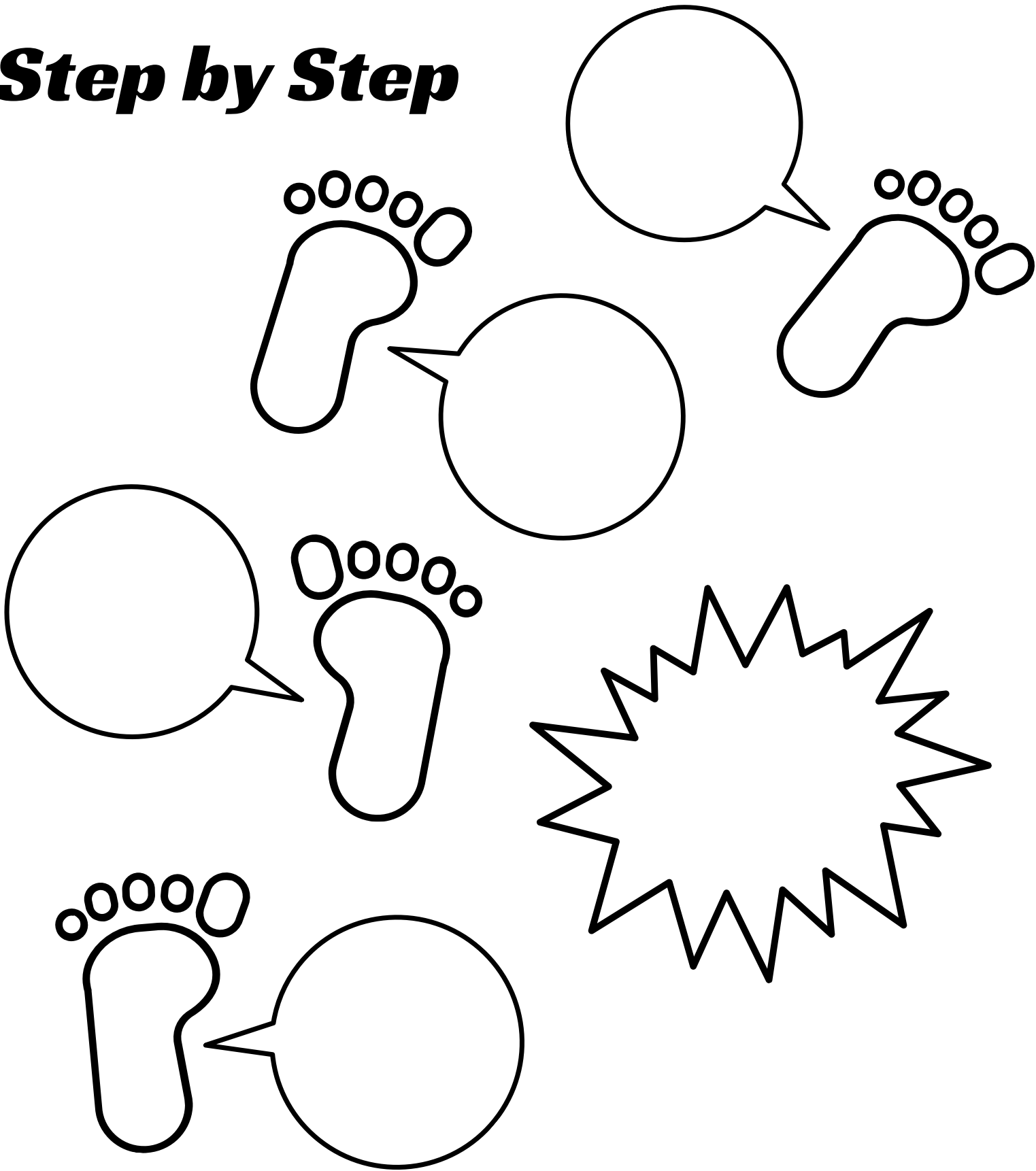


***Step
by
Step***

Daily To-Do List

Name/Date:

Step by Step



Daily To-Do List

Daily To-Do List Ideas for Kids

Color in the step when the job is done!
Add a reward or prize for completing all the steps!



Make my bed



Read for 20 minutes



Exercise from 1:00 - 2:00



Color, draw a picture, or work on a craft



Play outside



Work on my big goal



Do a word search, crossword, or other puzzle



Practice the piano or other musical instrument, or dance



Do my chores



Give Mom and/or Dad a hug



Help Mom or Dad with a project



Walk the dog, play with it, and feed it.



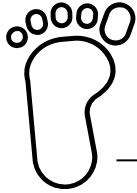
Eat my fruit and veggies

My goal is to:



Name/Date: _____

I'm going to get there by
doing these steps:



Sara - Tuesday
Name/Date:

EXAMPLE

Help mom with laundry

Draw Grandma a picture

play outside

Do 1 word search

Read 20 minutes

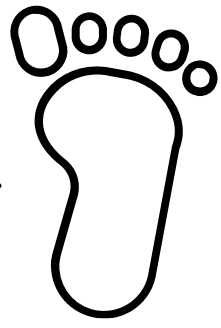
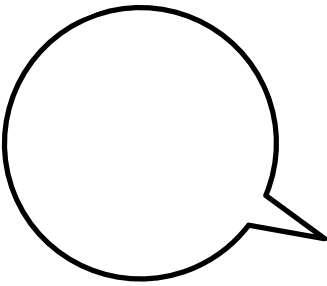
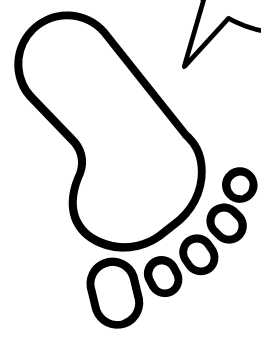
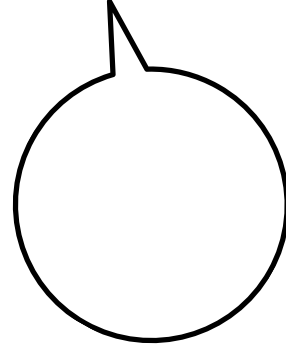
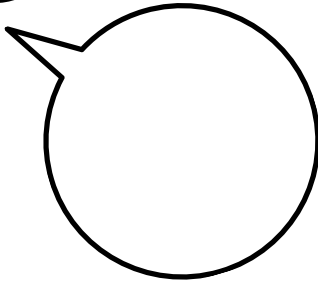
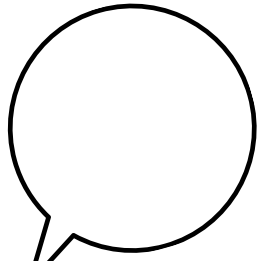
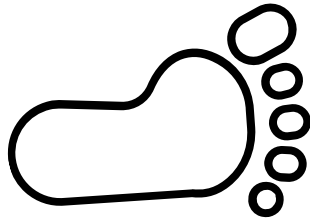
Make bed

Popcorn and Lemonade!

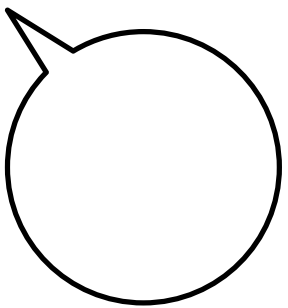
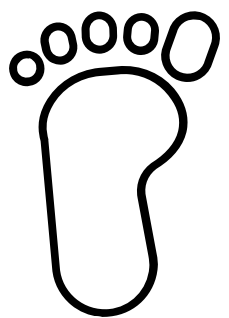
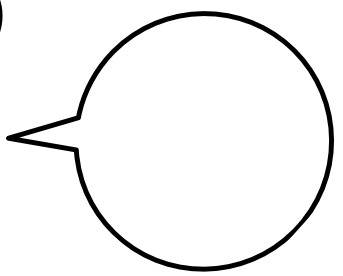
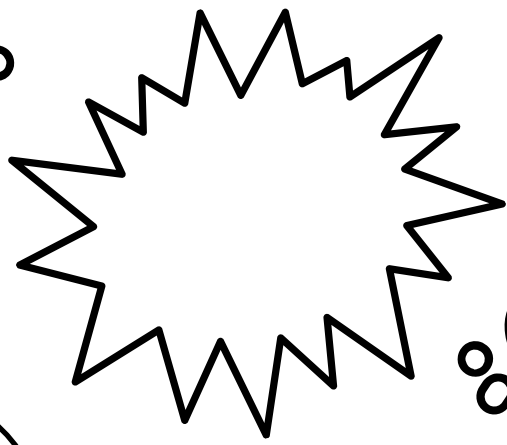
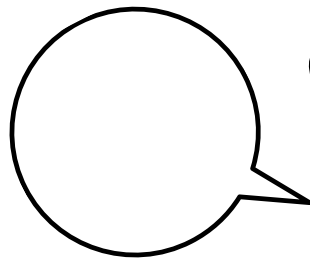
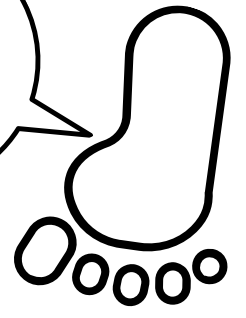
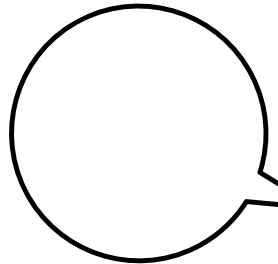
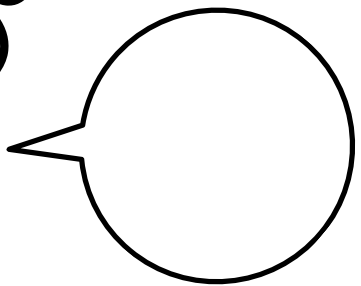
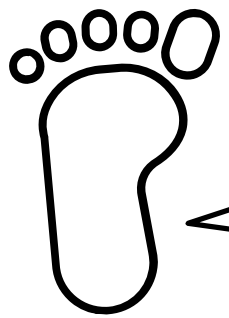
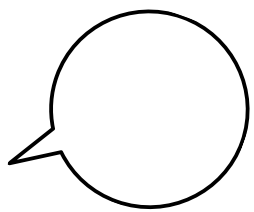
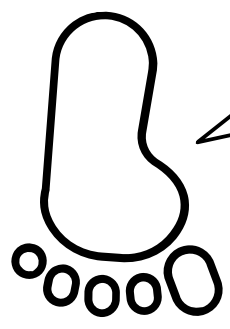
Daily To-Do List

Name/Date:

Goal:

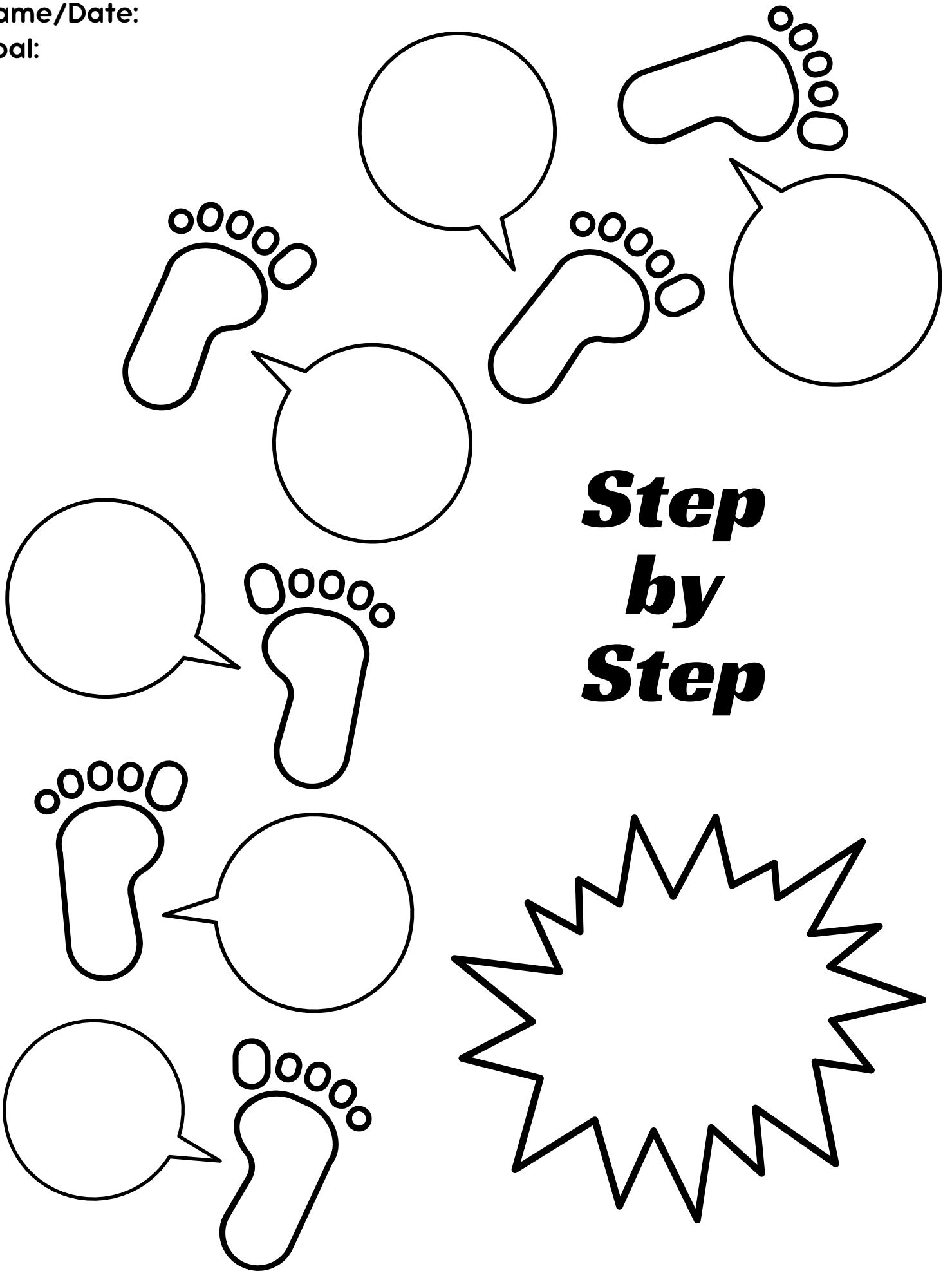


***Step
by
Step***



Name/Date:

Goal:

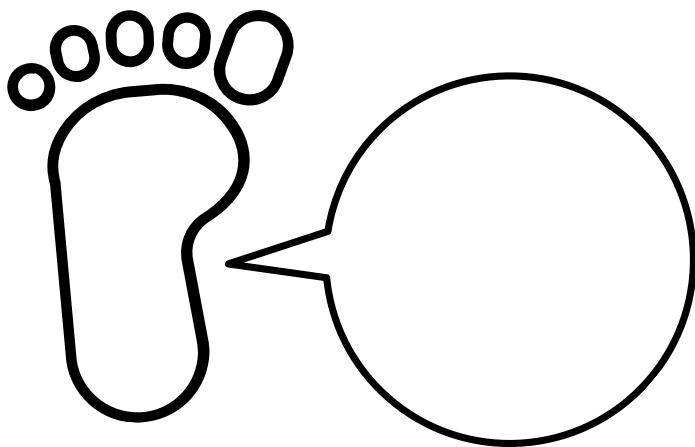
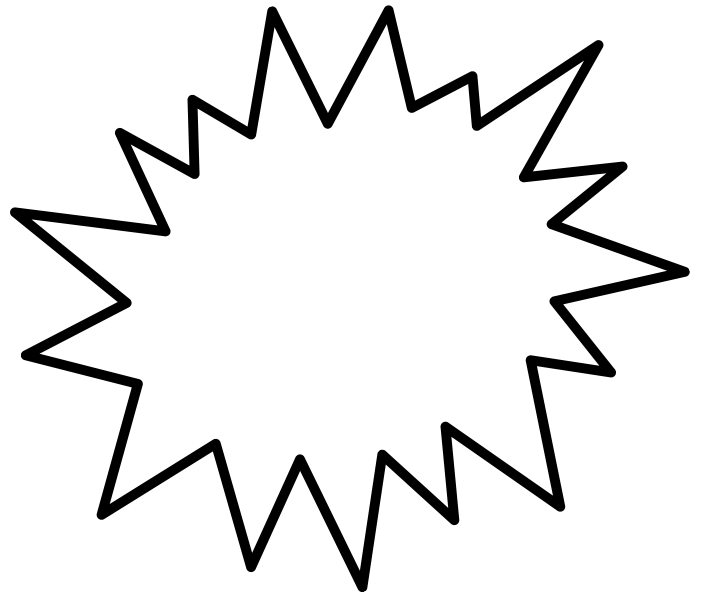
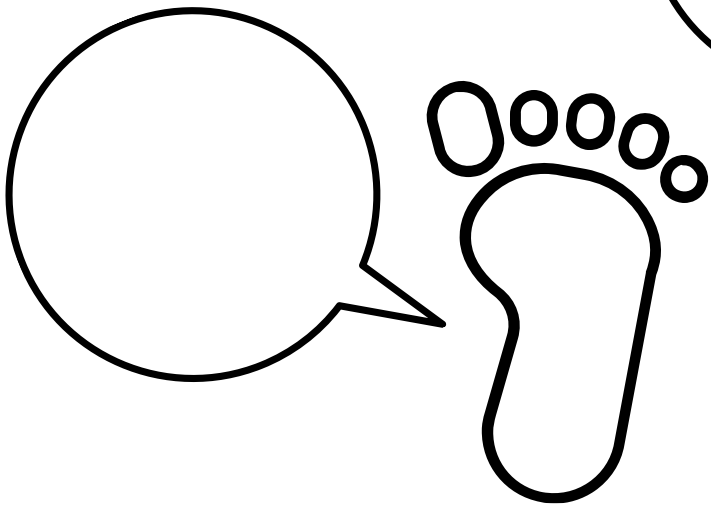
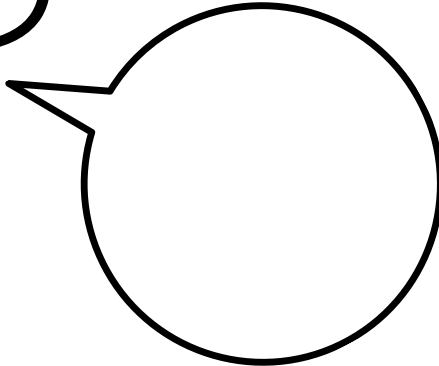
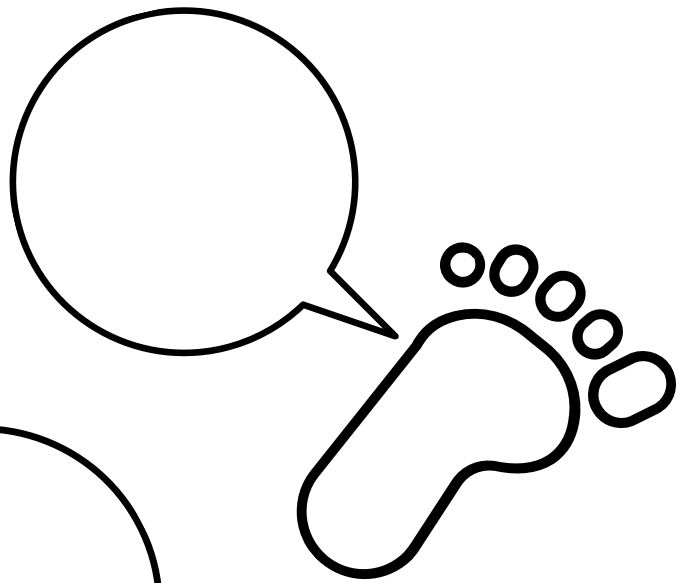


***Step
by
Step***

Name/Date:

Goal:

Step by Step



Ideas for Goal

Add a reward for completing all the steps!



Reading goal



Exercise



Weight Management



Money Management



Organizing and decluttering



House projects



Big dream



Spring cleaning steps



Garage sale



Homeschool or Kid's vacation Routine



Vacation planning



Christmas and Birthday gift goals



Work projects



Side gig goal or small business steps



Remember to take things one step at a time.

Visit my blog and Etsy Shop for tips and purposeful products!

SimplifyFirefly.com
etsy.com/shop/SimplifyFirefly

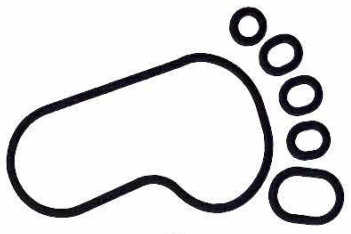


EXAMPLE

Ben July 18-23
Name/Date:

Goal:

Read 10 Chapters



Read 1 Chapter

Read 1 Chapter



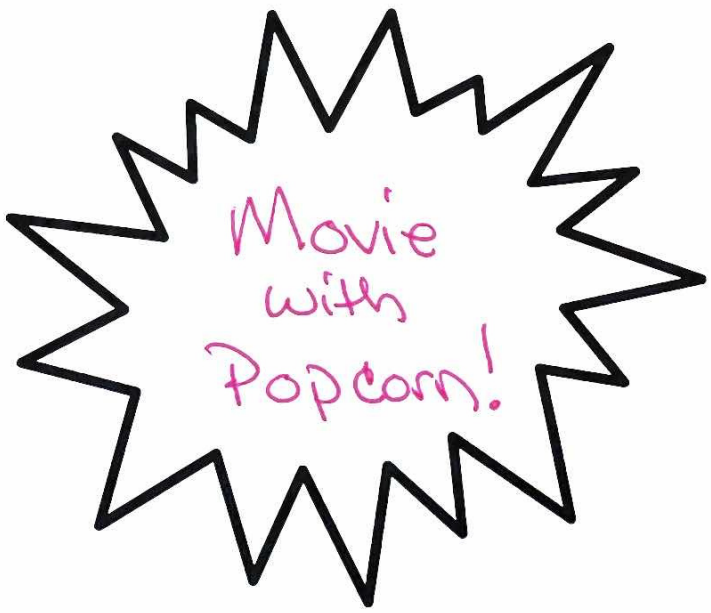
Read 2 Chapters

**Step
by
Step**

Read 3 Chapters



Read 1 Chapter



Read 2 Chapters



Mom - Every week

Name/Date:

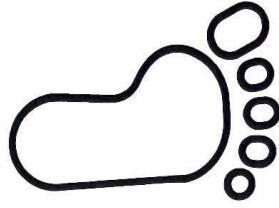
Goal:

Manage
the Home

EXAMPLE



Vacuum
Rooms



plan
meals

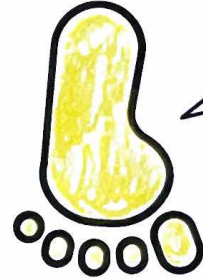


clean
cut the
car

Clean
bathrooms



get
gas



**Step
by
Step**



Balance
Budget

make
my kids
laugh



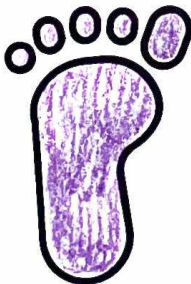
Do all
laundry



Wine
Time!



Pamper
Myself



clean
cut
email